



**Central Florida Paralegal
Association, Inc.**

P.O. Box 1107
Orlando, FL 32802
(407) 672-6372

[Contact Us](#)



**Promoting Paralegal Excellence Through Active
Engagement. Celebrating the Professional Standard
in Central Florida Since 1983.**



**CENTRAL FLORIDA PARALEGAL ASSOCIATION,
INC.**

Monthly E-Newsletter

CARPE DIEM - June 2021

Hello fellow CFPA Members:



Well HELLO JUNE!!!!!!!!!!!!!! Can you believe it - the unofficial start of Summer? If you are like me you are looking forward to an amazing Summer with friends and lots of outdoor events and activities. While you are planning all of those activities do not forget about all of the wonderful things that CFPA has in store for you. Our CLEs, roundtable discussions, Virtual Lunch Bingo, and our very first in-person Membership Mixer on July 7th. We have so much to be thankful for and to celebrate and I cannot wait to see you all at these events. Also, don't forget we are still collecting in-kind donations for the PACE Center for Girls through the end of June. If you and/or your respective offices collect items I will be sending out a message around the last week of June to collect these items from you personally and deliver them to PACE.

There is so much good coming our way through the end of 2021 and I am excited to finally be able to spend some time with my fellow Paralegals and friends. Please keep checking your messages and all of the lovely flyers that our very own Cassie Snyder puts together for us. Don't forget to spread the word to your friends and co-workers, half-year memberships start in July. It's the greatest time to jump in and become a part of the BEST Paralegal Association in Central Florida (I may be a little biased here) but it's true!

Well CFPA family - enjoy June and let's continue to stay safe while having the best time ever.
Sincerely,

Yolanda Furhmann, CP, FRP



ACTIVE:

**Kacy M. Pflugner,
FRP**

For Membership
Information and
Application [CLICK
HERE](#)

**ALREADY A
MEMBER??**

If you have recently changed jobs, moved or just have a new email address, PLEASE make sure that you update your membership records by notifying the Membership Committee so that you stay up-to-date with all events:

[Email Us](#)

**6/3/21 Paralegal
Roundtable
6/23/21 CLE Lunch &
Learn
6/29/21 CFPA Bingo
Lunch
7/7/21 CFPA Mixer &
Movie
7/22/21 NALA
Convention**

CFPA President - 2021
CFPAPresident@cfpainc.org

Some fun June Info ...



8/18/21 CLE Lunch & Learn
9/15/21 CLE Lunch & Learn
12/4/21 CFPA Holiday Social

2021 BOARD OF DIRECTORS



President:
Yolanda Fuhrmann, CP,
FRP
CFPAPresident@cfpainc.org



Vice President/President Elect:
Nancy Jordahl, ACP, FRP,
FCP
VicePresident@cfpainc.org

PARALEGALS WITH A PURPOSE

Virtual Roundtable

DISCUSSIONS



June 3, 2021 at 6:30 p.m.

Let's Chat about Diversity, Equity and Inclusion

CFPA MEMBER GUEST PANELIST:

*Peonca Grier, CP, FRP, MSM-HR, SHRM-CP
Paralegal at Dean Ringers Morgan & Lawton*



RSVP by NOON on June 1st to:
Membership@cfpainc.org

WWW.CFPAINC.ORG



[Click here to Register for the virtual Roundtable](#)

CFPA's Charity for the year ... Pace Center for Girls

Secretary:

Iris F. Walker, FRP
Secretary@cfpainc.org



Treasurer:

Marisa Green, ACP, FRP
Treasurer@cfpainc.org



NALA Liaison:

Deborah Kallas, ACP, FRP
Nalaliason@cfpainc.org



Parliamentarian:



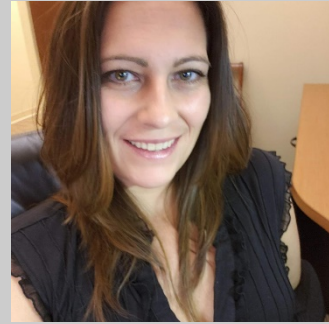
We are still conducting our collection drive for the PACE Center for Girls through June 30th!!! We will be scheduling pickups at the end of June to collect so if you have any items to be picked up please email CFPAPresident@cfpainc.org.

If you would like to make a monetary donation you can do so by going to this link:

[Donate | Pace Center for Girls](#)

Sylvia McMillon
Parliamentarian@cfpainc.org

DIRECTORS



Jennifer Diminich, CP,
FRP
Director2@cfpainc.org



Sara Ferguson, CP, FRP
Director1@cfpainc.org





Find the Great in Every Girl

CFPA Drive for PACE

CFPA will be collecting Wish List items starting now through June 30th!! We encourage the membership to start a collection in your office. If you can be a Drop Off Location please email Membership@cfpainsc.org.

There are three (3) separate Wish Lists:

Food Pantry Wish List

School Supply Wish List

Toiletry Wish List

After June 30th we will have a drive thru drop off location to collect the donations and drop them off at Pace. More details on this to follow.



Contact the Membership Committee with any questions:

Membership@cfpainsc.org

www.cfpainsc.org



Denise Marsters, FRP

Director3@cfpainsc.org



Julie A. McLean, CP, FRP

Director4@cfpainsc.org



CFPA Committees:

Continuing Legal Education Chair:

Jennifer Finch, ACP, FRP
CLEChair@cfpainsc.org

Membership Chair:

Cassie Snyder, ACP, FRP
Membership@cfpainsc.org

Public Relations Chair:

Marisa Green, ACP
Publicrelations@cfpainsc.org


Links to the Wish List are below:

[Food Pantry Wish List](#)

[School Supply Wish List](#)

[Toiletry Wish List](#)

Congratulations to our Lucky Draw Winners!! See you (virtually) at the conference!!




**CENTRAL FLORIDA PARALEGAL
ASSOCIATION'S**

**LUCKY
DRAW**

AND THE WINNERS ARE

**JENNIFER DIMINICH
SYLVIA MCMILLON
DENISE MARSTERS
CHARLES ROSENBLUM**




www.cfpainc.org

Community Service Chair:

Peonca Grier, CP, FRP
CommunityService@cfpainc.org

Student Relations Chair:

Leslie Norton, ACP, FRP
Leslie Norton
Students@cfpainc.org

Social Media Chair:

Jennifer Diminich, CP, FRP
Socialmedia@cfpainc.org

Newsletter - Carpe Diem

Cassie Snyder, ACP, FRP
Editor@cfpainc.org

**Paralegal Regulation & Ethics
Chair:**

Deborah Kallas, CP, FRP
Nalaliaison@cfpainc.org

Job Bank Chair:

Leslie Norton, ACP, FRP
Jobs@cfpainc.org

**NEWSLETTER
SPONSOR**



Evelyn Quintana
Director of Business
Development
Direct: 407-810-3021
Office: 407-423-9900
Evelyn@milestonereporting.com
Orlando Office:

Want to be featured in a Member Spotlight?

Email Membership@cfpainc.org your responses to the following questionnaire.

CFPA MEMBER SPOTLIGHT QUESTIONNAIRE

Name/Employer: _____

What do you enjoy most about being in the legal field? What do you find most challenging?

What advice do you have for new or student paralegals/legal assistants?

FUN FACTS

BEST VACATION?

FAVORITE QUOTE?

LAST BOOK YOU READ?

FAVORITE FOOD?

NAME ONE THING YOU CAN'T LIVE WITHOUT.

BIGGEST PET PEEVE?

IF YOU COULD INTERVIEW ONE PERSON, DEAD OR ALIVE, WHO WOULD IT BE?

WHAT MOTTO OR PERSONAL MANTRA DO YOU STRIVE TO LIVE BY?

Share your completed questionnaire along with a fun photo with the Member spotlight in the upcoming newsletter! Email both to membership@cfpainc.org by the 20th

315 E. Robinson St. S-510
Orlando FL, 32801

Tampa Office:
401 E. Jackson St. S-2370
Tampa, FL 33602



**Newsletter
Recognition:**



**CFPA's 2021
Charity**

CFPA Newsletter Sponsor





**MILESTONE
REPORTING**
YOUR PATH THROUGH LITIGATION

855 (MY-DEPOS) After Hours 407-793-7779
scheduling@milestonereporting.com
milestonereporting.com

We are ready when you are

When you are ready to return to in-person depositions, we are prepared to help.

- ✓ HEPA filters in all conference rooms that remove 99.97% of airborne particles
- ✓ Masks, gloves and sanitizer available
- ✓ Plexiglass partitions available for conference tables
- ✓ Temperature checks upon office entry
- ✓ Conference rooms sanitized before and after every use

We are happy to report that Milestone has had ZERO cases of coronavirus transferred from one employee to another or from an employee to a client.

COURT REPORTING VIDEOGRAPHY AVAILABLE

Professional Wellness Month ... By Sylvia McMillon

Pace Mission:

Pace provides girls and young women an opportunity for a better future through education, counseling, training and advocacy.

Pace History

Pace began in 1985 with one Center in Jacksonville, Florida serving 10 girls. Today Pace includes 21 Centers throughout Florida that serve over 3,000 girls each year and Pace has changed the life trajectory of over 40,000 girls since its inception. Pace began as a community response to the realization that girls involved with the justice system were either being placed in programs designed for boys or placed further into the system for their own protection. There were no effective alternatives.

Started by Vicki Burke and guided by the research-based recommendations which called for gender responsive programming, Pace created a new alternative to institutionalization or incarceration for girls.

Pace is now recognized as a national model for reducing recidivism and improving school success, employment and self-sufficiency

Professional Wellness Month was created to highlight the importance of well-being in the workplace. By living an overall healthier life, employees can positively impact more than their personal health.

Why is workplace wellness so important?

- Increased Productivity
- Better Company Culture
- Increased Work Satisfaction
- Promotes Teamwork
- Lower Healthcare Costs



How are you doing today? I mean really. Take a moment to check in with yourself. How do you feel at this very moment? The focus on employee wellness has increased post-COVID. Workplace wellness is an investment which works much like any other investment. You put in time and money in hopes of a valuable outcome. Each person's healthy self is different and what it takes to reach your fullest potential is likely different as well so don't compare yourself to your neighbor. This month be mindful of caring for yourselves. In addition to finding time to rest and revitalize, create a safe space to do so. Surround yourself with soft textures, warm/inviting colors, your preferred lighting, and some objects that inspire you. You have to nourish in order to flourish-your mind, your body, and your soul.

"It is health that is wealth and not pi gold and silver." -

WAYS YOUR EMPLOYER CAN PRIORITIZE EMPLOYEE WELL-BEING NOW

01

Celebrating boundary setting and healthy habits

02

Making gratitude a regular part of team check-ins

03

Encouraging days off to rest and recharge

04

Allow breaks during the workday



amongst girls by the Annie E. Casey Foundation, Children's Defense Fund, National Mental Health Association, National Council on Crime and Delinquency, and the Office of Juvenile Justice and Delinquency Prevention.



UPCOMING SEMINARS:

June 16 - How to Keep Yourself Marketable
August 18 - UPL/Ethics with Barbara Burke
**September 15 - Data Privacy and Secure Document
Scrubbing**

How to Keep Yourself Marketable

Speaker:
Jill Francisco, ACP

June 23, 2021
12:00 p.m. - Via
Zoom

NALA Approval Pending:
1 Hour

Members: **FREE**
Non-Members: **\$10.00**

Register to attend the CLE
at www.cfpainc.org/cle



[Click Here to Register for the CLE](#)

If you have any questions, feel free to email the CLE Committee at CLE@cfpainc.org.



NALLA Conference Goes Virtual!

The 2021 NALA Conference and Expo will be fully virtual, similar to 2020 – but even BETTER! Mark your calendars for **July 22-24, 2021**, for the 2021 NALA Conference @ Home!

Nala 2021-2022 Candidates – 2021 NALA ELECTION

SAVE THE DATE: Virtual Candidate Forum – June 16, 2021, at 1:00 p.m. (EST) - YOUR VOTE COUNTS!

NALA has continued to grow and prosper simply because our members are involved and invested in the growth of the paralegal profession. NALA is a membership organization. This means that the individual voices of our members matter greatly.

As an Active type member of NALA, you get the privilege to vote for important issues within the association. This includes voting for who you think is the best candidate to represent your interests on the NALA Board of Directors and also any bylaw amendments. This voting guide will help provide you with the necessary information about each candidate and the bylaw changes in order to assist you in casting the right vote.

To learn more about the candidates, go to NALA's website at: <https://www.nala.org/about-nala/nala-board-directors/nala-election>.

CFPA Members on the Move with NALA:

We have 2 CFPA Members who are candidates in the upcoming NALA Election:

CANDIDATE FOR **TREASURER**: PEONCA S. GRIER, CP, FRP, SHRM-CP



Paralegal, since: 2007

NALA Member, since: 2010

Educational Background: Master of Science in Human Resource and Management from the University of Central Florida; Bachelor of Science in Legal Studies from University of Central Florida; Associate of Science in Legal Studies from Valencia College (ABA approved program)

Professional Certification/Awards: NALA Certified Paralegal (CP) since 2010, SHRM Certified Human Resource Professional (SHRM-CP) since 2010, 2011 NALA Affiliate Award; 2018 President's Award (Central Florida Paralegal Association)

Volunteer Activities: National Association of Legal Assistants, Inc. (NALA); Diversity, Equity & Inclusion Committee Chair (2019-2021), Affiliated Associations Secretary (2017-2019), Credentials Chair (2017); Association (CFPA); Community Service Chair (2019-2021), Public Relations Committee Chair (2017), Law Week Subcommittee Chair (2017-2018), NALA Liaison (2013-2016), President (2012), Vice President/President Elect (2011), Parliamenter (2010), Orange County Bar Association (OCBA); Law Week Committee Chair (2020-2022); Social Committee Member (2016-2018); Social Committee Chair (2018)

Membership in other associations: I am an active member of the Central Florida Paralegal Association, a NALA Affiliate, and President of CFPA in 2012 and worked on the Board in some capacity until 2019 when I became the NALA Affiliate President. I am still actively involved in my local affiliate. I am an active member of the Orange County Bar Association and work on the Law Week Committee for 2020-2021. I am also a member of the Society for Human Resource Management.

Other Qualifications or Comments: Currently I also work in the following capacities: Valencia College Paralegal Studies Mentor (2018-2021); University of Central Florida Legal Studies Mentor (2019-2020)

https://www.nala.org/2021Candidate_Grier

Candidate Video: <https://youtu.be/g9dJxfPAnU>

CANDIDATE FOR **AT LARGE DIRECTOR**: CASSIE D. SNYDER, ACP, FRP



Paralegal, since: 1994

NALA Member, since: 2020

Educational Background: Orlando College k/n/a Everest University, Paralegal Major, AS Degree 1995

Professional Certification/Awards: Advanced Certified Paralegal (ACP) - Trial Practice - 3/2013 Certified Paralegal (FRP) - 3/2008; Central Florida Paralegal Association, Inc. - 2020 Paralegal of the Year Central Florida Paralegal Association, Inc. - 2007-2008 President's Award National Association of Legal Assistants

Volunteer Activities: Central Florida Paralegal Association, Inc. (Give Kids the World, Coalition for the Homeless, Habitat for Humanity, Florida High School Mock Trial State Competition - Orange County Courthouse 2005-Present Orange County Teen Court Program & Keiser University Legal Studies Program Advisory Board - 2008-2012 Everest University Legal Studies Program Advisory Board - 2012-2017 Foundation - 1994 - Present TransLife Organ & Tissue Donation Service/Donate Life/Our Legacy - 2012-Present City of Altamonte Springs Needs Program - 2017-Present

Membership in other associations: Central Florida Paralegal Association, Inc.; The Florida Bar's Florida Registered Paralegal Program

Other Qualifications or Comments: I have been the President of my local NALA Affiliated paralegal association, Central Florida Paralegal Association, since becoming actively involved in 2004. I have been on the Board of Directors in a leadership capacity for the last 17 years of my 27 years of being a member of the organization from Vice President, Treasurer, and Director. I have served as the Editor of the Newsletter from 2006 to current. CFPA received the 2018 Constant Contact e-newsletter. This annual designation is something only 10% of Constant Contact customers receive. I am also the current Membership Chair and have served as the Membership Chair from 2004-2008, Co-Chair for the CP Review Course Committee, Elections Chair for 2014-2020; Membership Chair 2012-2014, 2019-current. I love my local association and having the opportunity to be involved in the leadership and seeing it grow, adapt and prosper in the current times with the COVID pandemic. We are able to provide unique virtual opportunities for our members. We have virtual Board meetings, monthly lunches which are a great learning opportunity for paralegals with a Purpose roundtable discussion group, and virtual mixers to keep CFPA engaged with its membership and to continue to promote giving back to the community with our charity for the year by collecting wish list items and donating them to the charity. I have had the pleasure of being a part of such an amazing experience not only educational but meeting other paralegals from all over the U.S. and seeing what other paralegal associations are doing. I have made some great connections over the years. It is great having a voice on a local level here in my local association, however, I would love the opportunity to represent NALA.

https://www.nala.org/2021Candidate_Snyder

Candidate Video: <https://youtu.be/8acBqYqNVMA>



Upcoming Live NALA Webinars

June 8, 2021 at 12:00 p.m. CT/1:00 p.m. EST – Technology Rollouts To learn more about this webinar or to register, go to NALA’s website at: <http://www.nala.org/courses/technology-rollouts-2021>.

If you have any questions you can contact our NALA Liaison at NALALiaison@cfpainc.org.

[Click Here to Register for NALA Seminars](#)

VIRTUAL LUNG BINGO!!
June 29th
11:45am - 12:45pm

Event Sponsor
 **Huseby**

will be sponsoring for
rounds of Bingo

This event is **FREE** to
Members and
Non-Members

COME JOIN THE FUN

Zoom login and Bingo
will **ONLY** be provided
to those who **RSVP**

Make sure you register
by **June 25, 2022**

Membership@cfpainc.com

[Click here to register for Bingo](#)

MARK YOUR CALENDARS TO ATTEND!!! We will be kicking off our Half Year Membership Fees for new members!!

CFPA INVITES YOU TO

MEMBER MIX & MOVIE NIGHT

1st In-Person Event since COVID!!

Men
Non-I
wel

Mark you calendars to attend
July 7, 2021 @ Aloma Cinema Grill
More details to come!!!

From the Editor ...



Cassie D. Snyder, ACP, FRP

I hope you have enjoyed this issue of the Carpe Diem. We would love to hear from you! Have you written an article that has been published that you would like to have placed in our newsletter? Does your attorney write articles that he or she would like to share with our group for publishing?

If you are interested in writing an article for the newsletter let me know.

Big THANKS to Milestone Reporting for sponsoring the newsletter for the year!!

Thank you,
Cassie Snyder, ACP, FRP
Editor